

## Information and Referral

In addition to receiving referrals from our National Toll-free Helpline, individuals can find resources in their community through our website, GatherMS.com.

## National MS Education and Awareness Month®

The annual nationwide campaign for MS awareness, launched by the organization in 2003, is held each March.

## Services for Healthcare Workers

Grants support patient care and quality of life research, free patient materials, and recruitment assistance for clinical trials.

## Mission

The mission of MS Focus: The Multiple Sclerosis Foundation is to provide programs and support services to those persons affected by MS that help them maintain health, safety, self-sufficiency, and personal well-being; and to heighten public awareness of multiple sclerosis in order to elicit financial support for the MS Focus programs and services and promote understanding for those diagnosed with the illness.

**WE ARE RECOGNIZED BY THE IRS AS A  
501(c)(3) ORGANIZATION.**

**CONTRIBUTIONS ARE TAX DEDUCTIBLE  
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**Multiple Sclerosis Foundation  
National Headquarters  
6520 North Andrews Avenue  
Ft. Lauderdale, FL 33309  
Administrative Offices: 800-225-6495**

**National Toll-Free Helpline:  
888-MSFOCUS (673-6287)**

**Fax: 954-351-0630**


**Email: [support@msfocus.org](mailto:support@msfocus.org)**

**[www.msfocus.org](http://www.msfocus.org)**

 [facebook.com/MultipleSclerosisFoundation](https://facebook.com/MultipleSclerosisFoundation)

 [www.facebook.com/groups/msfocus](https://www.facebook.com/groups/msfocus)

 [@MS\\_Focus](https://twitter.com/MS_Focus)

 [@multiple\\_sclerosis\\_foundation](https://www.instagram.com/multiple_sclerosis_foundation)

 [youtube.com/MultipleSclerosisFoundation](https://youtube.com/MultipleSclerosisFoundation)

 [the-msfocus.tumblr.com](https://the-msfocus.tumblr.com)

# Finding the Help You Need



**A Guide to MS Focus  
Programs and Services  
for People with  
Multiple Sclerosis**



MS Focus is here for you, offering programs to assist with the critical needs of people affected by MS and services to help them maintain health and well-being.

## Our Programs

All our programs and services are provided free of charge.

### National Toll-free Helpline

Available in English (888-MSFocus [673-6287]) and Spanish (800-448-4727), callers receive personal attention and assistance from service coordinators and peer counselors.

### Homecare Assistance Grant

Provides short-term homecare services, caregiver respite, and therapy services (physical, occupational, and speech therapy).

### Emergency Assistance Grant

Addresses urgent needs to help individuals with MS maintain a safe home environment by offering financial assistance with rent or utility payments.

### Assistive Technology Program

Offers equipment and devices that assist with daily activities, from canes to voice recognition software.

### Cooling Program

Gives cooling vests and accessories to those with MS-induced heat intolerance.

### Computer Program

Provides laptop or desktop computers so people can connect to the world of support available online.

### Healthcare Assistance Grant

Funds one visit and one follow-up visit with a neurologist for uninsured MS patients.

### Transportation Assistance Grant

Provides transportation for individuals with MS through Uber and Lyft, to and from neurology appointments, infusion centers and MS centers.

### Brighter Tomorrow Grant

Grants the personal wishes of people with MS for items that improve their quality of life not provided by our other programs.

### Health and Wellness Grant

Provides online classes for adaptive exercise and wellness, such as chair yoga, T'ai chi, therapeutic art, and more. May also provide funding for individuals to join classes in their community.

### Support Group Program

Assists in the creation and continuation of independent support groups across the United States, affiliated under the MS Focus Independent Support Group Network umbrella.

### Lending Library

Loans hundreds of books, DVDs, and other educational materials across the United States, postage paid.

### Periodicals and Publications

Magazines, newsletters, brochures, booklets, and fact sheets that address every aspect of life with MS.

### MS Focus at Sea

Combines education, support, relaxation, and accessible travel into one amazing experience in this annual educational program at sea.

### Public Education and Awareness

MS Focus hosts education and awareness programs across the United States and Puerto Rico, including offerings for people with MS, caregivers, physicians, and the general public.

